BAD ADS
Jamie joins Canadian junk feud
metroNEWS

talk about fresh solutions
save on foods
Check out this week's Fresh Solution, Salted Caramel Apple Galette, on pages 6 and 7.
Feeling inspired? Pop into a local Save-On-Foods store to pick up the ingredients in one easy stop.

Vancouver metro

DAY 5 OF OUR SPECIAL REPORT ON CAMPUS SEX ASSAULT
'IT'S RIDICULOUS NOBODY'S STEPPING UP'
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Your essential daily news | WEEKEND, OCTOBER 7-10, 2016

High 14°C/Low 10°C Rain

CODE RED HOUSING CRISIS

ZONED OUT

About 80 per cent of Vancouver is zoned for single-family houses. That needs to change, experts say metroNEWS

Daniel Oleksiuk, 32, is a lawyer who wants Vancouver to densify so he can remain in the city because single-family houses are out of his (and almost everyone else in his generation's) reach. JENNIFER GAUTHIER/METRO

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Metro is back on Tuesday. Happy Thanksgiving!

metro NEWS

Your essential daily news

RCMP boss apologizes to current and former female officers subjected to harassment. **Canada**

Tent city site to become 100% social housing

DOWNTOWN EASTSIDE

City, charity partner to help erect building, health centre

Jen St. Denis
Metro | Vancouver

The City of Vancouver and a charitable foundation unveiled a plan to provide 250 units of housing and a 55,000-square-foot health centre on the site of a three-month-old tent city in the Downtown Eastside.

The project will involve a significant fundraising effort: The Vancouver Chinatown Foundation is committing to raise $30 million of the entire $60-$75 million cost to build.

"We have a pretty dire situation on our streets here in Vancouver," said Mayor Gregor Robertson. "We found 539 people living on our streets last March. We know there are as many or more out there tonight."

Robertson met with activists and community members in August, where he signed a pledge to turn the site into 100 per cent social housing. The tent city has deteriorated since then, he said. The vacant lot was previously the site of a similar tent protest in 2010 during the Olympics.

The site of a three-month-old tent city on Hastings Street in the Downtown Eastside on Thursday. JENNIFER GAUTHIER/METRO

Metro observed between 40 and 50 tents on the site during a visit on Thursday afternoon, where several residents described how the crowded conditions are leading to conflicts.

The city is partnering with the Vancouver Chinatown Foundation and Vancouver Coastal Health on the project and will have to get further funding commitments from the provincial and federal governments if all of the units are to be rented at welfare and pension rates. The province has yet to receive a proposal from the City of Vancouver, according to communications staff.

Without that additional funding, just half of the housing units will be affordable to people on welfare.

The City of Vancouver's contribution is the land, valued at $20 million, which it will lease to the Vancouver Chinatown Foundation. Vancouver Coastal Health does not yet know how much it will contribute or where those funds will come from.

The site will go before council for rezoning in June 2017.

"We consider Chinatown and the Downtown Eastside to be one community. What happens in the Downtown Eastside affects Chinatown and vice versa," said Carol Lee, founder of the Vancouver Chinatown Foundation. "It is kind of a bold move, but we thought it was important to show that helping the Downtown Eastside is actually helping Chinatown."

City tries to handle homeless increase

An increasing number of homeless tent encampments across Metro Vancouver and the rising costs of single-room occupancy (SRO) hotels are top-of-mind for city housing staff as Vancouver heads into Homelessness Action Week next Monday.

"The increasing sites, the camps and pop-up tents that we're seeing generally speaking indicates a rising concern about homelessness," said Abigail Bond, director of housing policy for the city.

The city is reconvening its SRO task force to assess how renovations are pushing up rents. SROs used to commonly rent at $375 a month — matching the current welfare shelter rate — but some now commonly rent at $600 or $700 a month, according to Jeremy Hunka of the Union Gospel Mission.

This year's count showed that homelessness is at a 10-year high.

In a speech to housing advocates in Vancouver in September, B.C.'s minister responsible for housing, Rich Coleman, said homelessness has been increasing in part because B.C. is attracting people from other provinces with weaker economies.

But Bond said Vancouver's annual homeless count shows it is "a home-grown problem."

"We counted people who are newly homeless, but they're not coming from outside the region, they're often becoming homeless within the region," she said.

JEN ST. DENIS/METRO

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HUDSON'S BAY

School district audit delayed

EDUCATION

Deadline bumped over allegations of bullying

Matt Kieltyka
Metro | Vancouver

The Vancouver School Board's current saga has been prolonged for at least two more weeks.

Allegations of bullying and the board's decision to abandon plans for closing schools has led Education Minister Mike Bernier to extend the provincial government's ongoing audit of the VSB by another 14 days, he announced Thursday.

"What's happened in Vancouver, there's been a lot of very drastic and very sudden changes that have taken place that we were unaware of," Bernier told media. "So I think it has to be fair for the auditor to take all these new circumstances into consideration."

Peter Milburn was appointed July 19 as special adviser to lead a forensic audit of the VSB after it failed to balance its budget.

The board reluctantly embarked on a plan to close as many as 11 under-utilized schools to help bridge its $27-million budget shortfall during the summer.

But that process was halted suddenly on Monday, with the school board citing the Ministry of Education's decision to relax its goal of 95 per cent classroom utilization as justification.

At the same time, WorkSafeBC launched an investigation into the school district after six senior staff went on sick leave and made allegations of workplace bullying.

Bernier, who received a letter from the B.C. School Superintendents Association outlining what he calls "very disturbing" allegations, said the WorkSafeBC investigation is being handled independent of government and is outside his jurisdiction.

The ministry has, however, written to WorkSafeBC encouraging it to contact Milburn for information.

"Peter Milburn and the audit team has been in there for the last two months," said Bernier.

> **Mike Bernier clearly wants to close schools in Vancouver.**
> NDP's Rob Fleming

"Through his time and through communication he's had with members of the board and with staff … he may have information if (investigators) wish to give him a call."

To date, Bernier has resisted firing members of the Vancouver School Board, which he is able to do under law after it failed to pass a balanced budget, pending the results and recommendations of the audit.

"I'm not sure what's going to come forward (from the audit) so I can't make any comments or decisions on what will happen," he said. "I think it's really important that I gather all the appropriate information in this situation. Fifty-nine of 60 school districts submitted a balanced budget, Vancouver was the only one that hadn't, which is why I sent in a special adviser to review all of the activities within the school board."

B.C. Education Minister Mike Bernier speaks to media on Thursday. MATT KIELTYKA/METRO

New Democratic Party education critic Rob Fleming, however, blamed the Liberal government for the VSB's funding shortfall.

"(Bernier) imposed a budget on the Vancouver School Board that would cut $20 million from their budget, fire 150 teachers and that's the source of this dispute with the VSB," Fleming said. "Mike Bernier clearly wants to close schools in Vancouver, he clearly wants to fire the school board. He should get on with it. Either he has the jam to do it because he believes in his government's cuts … or he's going to make up some other excuse."

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Daniel Oleksiuk lives in a one-bedroom apartment in Vancouver's Mount Pleasant neighbourhood. He says the city needs more development to increase housing supply. JENNIFER GAUTHIER PHOTOS/METRO

Single-family homes a

CODE RED HOUSING CRISIS

Experts say intensification, re-zoning a must for Vancouver

Wanyee Li
Metro | Vancouver

When 32-year-old Vancouverite Daniel Oleksiuk contemplates his future in the city, he sees a housing landscape that doesn't bode well for his generation.

Oleksiuk, a lawyer, works downtown and currently rents a one-bedroom apartment in Mount Pleasant but sees no future in single-family houses. It's a type of housing that is out of reach for most young people and yet 80 per cent of the city is zoned for exactly that.

"We're either going to have to leave or we're going to have to build housing of the type that makes sense for us," said Oleksiuk, who also sits on the city's Renters Advisory Committee.

Oleksiuk created the advocacy group Abundant Housing Vancouver in hopes people will realize neighbourhoods have to accept greater density if it hopes to keep its young residents. His search for a rental was evidence enough that there is not enough housing for the number of people who need it, he said.

"When there are 30 people in line to see one place, there's more people than places.

Vancouver's vacancy rate currently sits at 0.6 per cent and many condo developments sell out before the building is even finished

Generation Squeeze founder Paul Kershaw is an advocate for Canadians 40 years and younger. He says it's time for policymakers to put young people first.

"We have to start asking ourselves, what are the implications for zoning," he said.

"Entire neighbourhoods where young people may have grown up are now entirely out of reach for them to purchase into or even rent into."

Housing experts say it's a matter of planning for the right type of growth. Zoning for density is the only way to go, says UBC professor Nathanael Lauster.

"It's difficult to envision any scenario whereby single family houses (in Vancouver) become affordable again," said Lauster, who details the idea in his book, Death of the Single Family House.

Oleksiuk agrees. He grew up in a detached house in East Vancouver but has accepted the fact that he will probably never live in one again — not if he wants to stay in Vancouver.

"I hope to see some of those two and three bedroom apartments, townhomes, in what are currently single-family neighbourhoods. Those look like opportunities for me to stay in Vancouver."

But developments, even low or midrise developments, often face intense backlash from neighbourhoods made up of detached houses. This

Zoning battles

Many experts acknowledge the city is in a tough spot when it comes to zoning. On the one hand, some people don't want to see new developments in their neighbourhood, and on the other hand, there are people who can't find housing in the city.

From the air, the divide between Vancouver's tower-filled city centre and its sprawling single-family residential neighbourhoods is evident.

"Single family housing zoning has erected a wall around the city in terms of what people think is urban," said UBC professor Nathanael Lauster.

"As soon as you lose that wall, people are concerned you're going to let the city in."

The head of UBC's urban planning school, Penny Gurstein, says the city can mitigate the tension by creating a citywide plan that both residents and developers can agree on.

"(The city) is reacting to development proposals. They're not showing, this is where we want growth emphasized. This is why there has been so much pushback."

Kershaw says the city should stand their ground even if there is backlash from residents about increasing density.

"They could become more and more stern in their commitment to increasing density," he said.

"It doesn't have to be these tall huge highrises but we need to get lowrises, something three or four stories in there." WANYEE LI/METRO

CODE RED NEXT WEEK

Do rental housing initiatives do enough for young people?

To follow the series as it evolves, visit metronews.ca/codered

About 80 per cent of Vancouver is zoned for single-family houses, which are too expensive for most young people.

no-go zone

is where the generational inequality becomes clear, said Kershaw.

Young people can't live in neighbourhoods where houses cost $1 million and over; houses that were bought decades ago by people who are now seniors.

Lauster says the city needs to plan for the future and not for people who already live there.

"We can't really base planning entirely about what neighbours who are already living there want because for the most part it's going to be exclusive," he said.

"We need to think more broadly about what the city as a whole needs, including people who are not here yet — both immigrants and people who are not born yet."

Over the coming weeks, Metro will highlight some of Generation Squeeze's recommendations and invite readers to share their thoughts directly with experts shaping housing policy on the civic, provincial and federal levels.

WHAT DO YOU THINK?

Read more at gensqueeze.ca and let us know what you think at Vancouver@metronews.ca; commenting on this article on Facebook (facebook.com/vancouvermetro), or tweet us with the hashtag: #CodeRed. You can also text JOIN to 604-337-0945 to get involved with the Code Red campaign.

talk about **fresh solutions**

Salted Caramel Apple Galette

Prep Time: 40 minutes | Cook Time: 40 minutes | Makes 6 Servings

Ingredients

Tart Dough

1 ¼ cups (310 mL) Robin Hood all-purpose flour

1 tbsp (15 mL) sugar

¼ tsp (2 mL) salt

½ cup (125 mL) cold unsalted butter, cubed

4 tsp (20 mL) ice water

1 tbsp (15 mL) lemon juice, fresh squeezed

Filling

1/2 cup (125 mL) sugar

1 tbsp (15 mL) cornstarch

1 tsp (5 mL) ground cinnamon

2 cups (500 mL) BC Tree Fruits Gala, Granny Smith or McIntosh apples, thinly sliced

1 tsp (5 mL) milk

1 tsp (5 mL) sugar

Caramel Sauce

1/4 cup (60 mL) butter

1/2 cup (125 mL) packed brown sugar

2 tbsp (30 mL) light corn syrup

1/4 cup (50 mL) whipping cream

1/2 tsp (3 mL) vanilla

1 ½ tsp (8 mL) sea salt

Directions

1. Heat oven to 375°F (190°C).

2. In a food processor, pulse flour, sugar and salt to mix. Pulse in cubed butter until it is pea-size. Pulse in ice water and lemon juice until dough forms bumpy curds. Turn the dough out onto a rolling surface and knead until it just comes together to form a dough.

3. Roll dough out between two pieces of parchment paper to from a 10 inch round and place on a baking sheet. Place in the refrigerator until you have finished mixing your apples.

4. In medium bowl, mix 1/2 cup granulated sugar, cornstarch and cinnamon. Gently stir in apples.

5. Remove the dough from the refrigerator and spoon apple filling into centre of crust, spreading to within 2 inches of edge. Gently fold the edge of crust over filling, ruffling decoratively. Brush crust edge with milk; sprinkle with 1 teaspoon sugar.

6. Bake 35 to 40 minutes or until crust is golden brown and apples are tender, covering with foil for the last 10 minutes if necessary to prevent excessive browning.

7. Meanwhile, in 1-quart saucepan, melt butter over medium heat. Stir in brown sugar and corn syrup; heat to boiling. Reduce heat and continue to boil gently 4-5 minutes. Remove from heat. Stir in whipping cream, vanilla and salt. Be careful as it may sputter and spray. Cool 15 minutes.

8. Spoon over warm or cool galette and serve with ice cream or whipped cream.

save on foods

Council considers tax

DEVELOPMENT

Money would go towards affordable housing

Wanyee Li
Metro | Vancouver

West Vancouver is known for being one of the most expensive municipalities in B.C. but it is looking to mitigate that by asking the province for the power to implement tax to certain homes more than others.

Coun. Craig Cameron emphasized the city had not officially proposed the idea to the province yet but that it had floated the idea of an investment tax.

The tax would mean properties that were not principal residences would be taxed at a higher rate.

Funds collected would go toward building more affordable housing, something the city sorely needs, said Cameron.

"It's a massive problem. None, virtually none of our staff — whether it be first responders, fire, ambulance, the municipal staff, people who work in our grocery stores — virtually none of the people who work for a living in West Van can afford to live here."

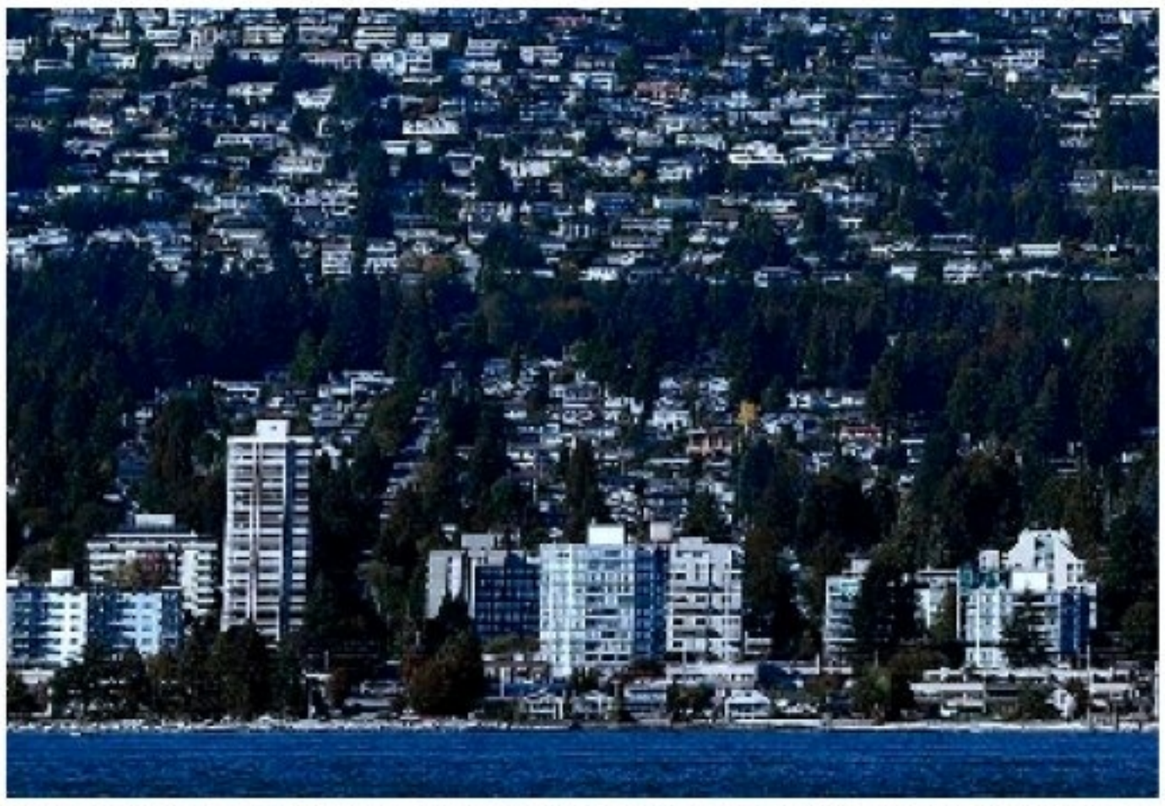
If council goes forward with the investment tax plan, it would need to ask the province to change the Community Charter to allow municipalities to implement a two-tiered property tax. Cities are currently only allowed to levy one rate across the board.

"We would be asking the provincial government to allow municipalities to have the flexibility to impose a higher tax rate on certain types of residential properties."

Vancouver is governed under its own charter and the province gave it permission to create a vacancy tax this summer.

Cameron says West Vancouver is simply looking for the ability to improve its own housing situation as well.

"Municipalities are at the front line of the housing crisis and we see a lot of the problems first hand yet we don't have a lot of power to do anything about it."



West Vancouver is considering an investment tax for properties that are not principal residences.
JENNIFER GAUTHIER/METRO

> **"Virtually none of the people who work for a living in West Van can afford to live here.**
> Coun. Craig Cameron

POLL

1 in 4 in province touched by addiction

Matt Kieltyka
Metro | Vancouver

One in four British Columbians say they or someone they care about has been personally impacted by addiction, a new poll has found.

Vancouver-based Insights West released its latest poll on Thursday, asking Canadians about the impact of addiction, indigenous issues, affordable housing, homelessness, immigration, LGBTQ rights, poverty, racism and smoking has on their lives.

In British Columbia, 11 per cent of people said addictions have had a significant impact on their lives, while another 14 per cent said it has had a minor impact.

Twenty-three per cent said addiction has had little impact on their lives, while 52 per cent said it had no impact at all.

Nationally, 30 per cent of Canadians said addiction has impacted them or people close to them.

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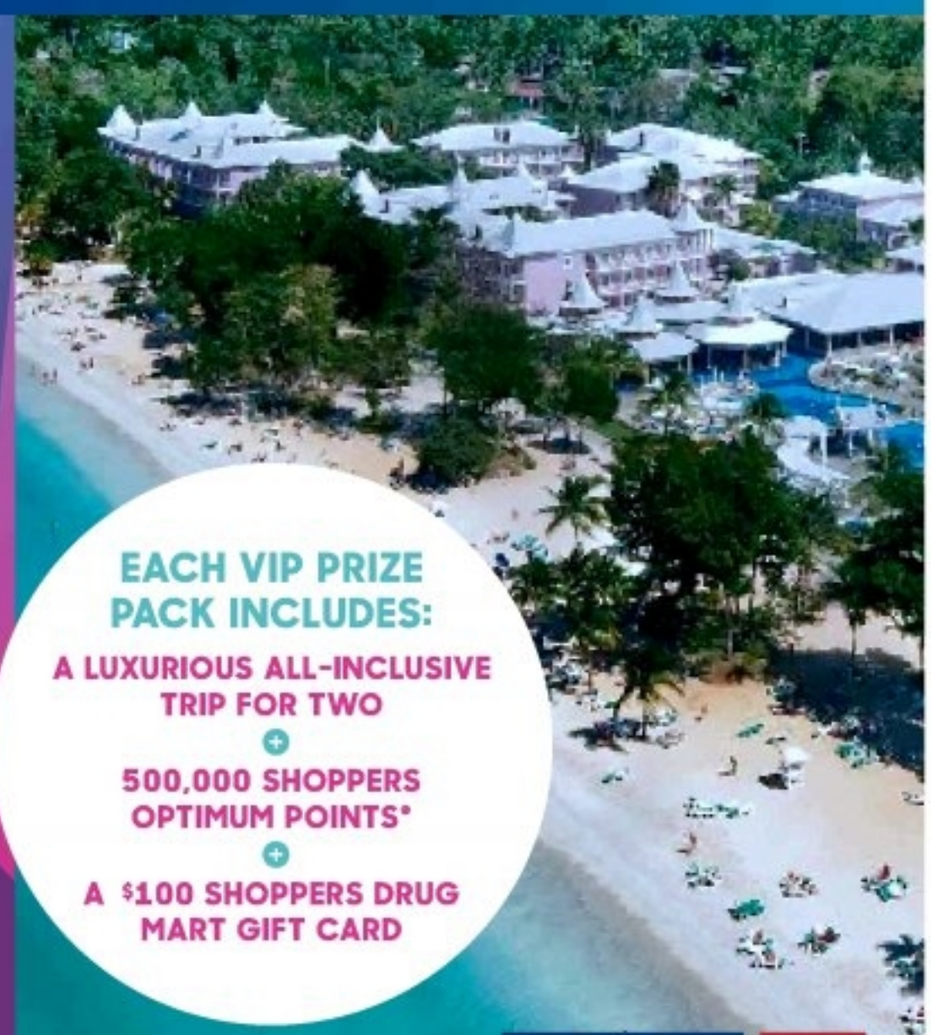

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Celebrity foodie Jamie Oliver brought his fame to back a high-profile push for the feds to ban food and drink ads to under-16s. BEN PRUCHNIE/GETTY IMAGES

Jamie Oliver joins junk feud

CAMPAIGN

Celebrity pushing feds to ban food and drink ads

David P. Ball
Metro | Vancouver

Donning a Canadian tuxedo — denim jacket and jeans — British celebrity chef Jamie Oliver stirred the pot of a controversial Canadian campaign that's pitted nanny state fears against opponents of the junk food industry.

Joining the Naked Chef author Thursday at an event hosted by a consortium of some of Canada's biggest health advocacy organizations — including the Heart and Stroke Foundation and Canadian Diabetes Association — was a Victoria physician whom Metro profiled in an August cover story about a "junk feud" brewing over banning marketing food and drink to children.

Dr. Tom Warshowski, with the Childhood Obesity Foundation, spoke alongside the 41-year-old baby-faced foodie about the need to change Canadians' "unhealthy habits."

"Kids are not born on Earth to just eat nuggets," Oliver proclaimed at the Toronto event, which was live-streamed online. "It's not genetic.

"We created this: it's called marketing, it's called comfort, it's called familiarity. Brands are comfortable (and) the power of brands has really developed over the last 40 years. This has promised growing profits generally pushing salt, fat (and) sugar."

> **Kids are not born on earth to just eat nuggets. It's not genetic.**
> Jamie Oliver

In August, Metro reported that Warshowski's organization was spearheading a national campaign — the 30-plus member Stop Marketing to Kids Coalition — that's pitted health advocates against Big Food, hoping to get Prime Minister Justin Trudeau's government to fulfil a promise to introduce "new restrictions on the commercial marketing of unhealthy food and beverages to children, similar to those now in place in Quebec."

"Since becoming a doctor about 30 years ago, I've seen tremendous changes — to the bad — in terms of the health of Canadian children," Warshowski said following Oliver's speech.

He said in that time, childhood obesity had more than doubled, rising from 15 to 30 per cent.

"This isn't just about obesity or overweight, it's about unhealthy lifestyles," Warshowski said.

"All the diseases we talk about that are associated with overweight and obesity are also associated with the consumption of unhealthy foods — those high sugar, salt and fat foots. We've got a one-way street because of the habits we're teaching our children, and marketing plays a big part of that."

Oliver said he's watching Canada's federal government closely, and said Canadians are likely unaware of the example the country would set globally by adopting a ban on marketing food to children.

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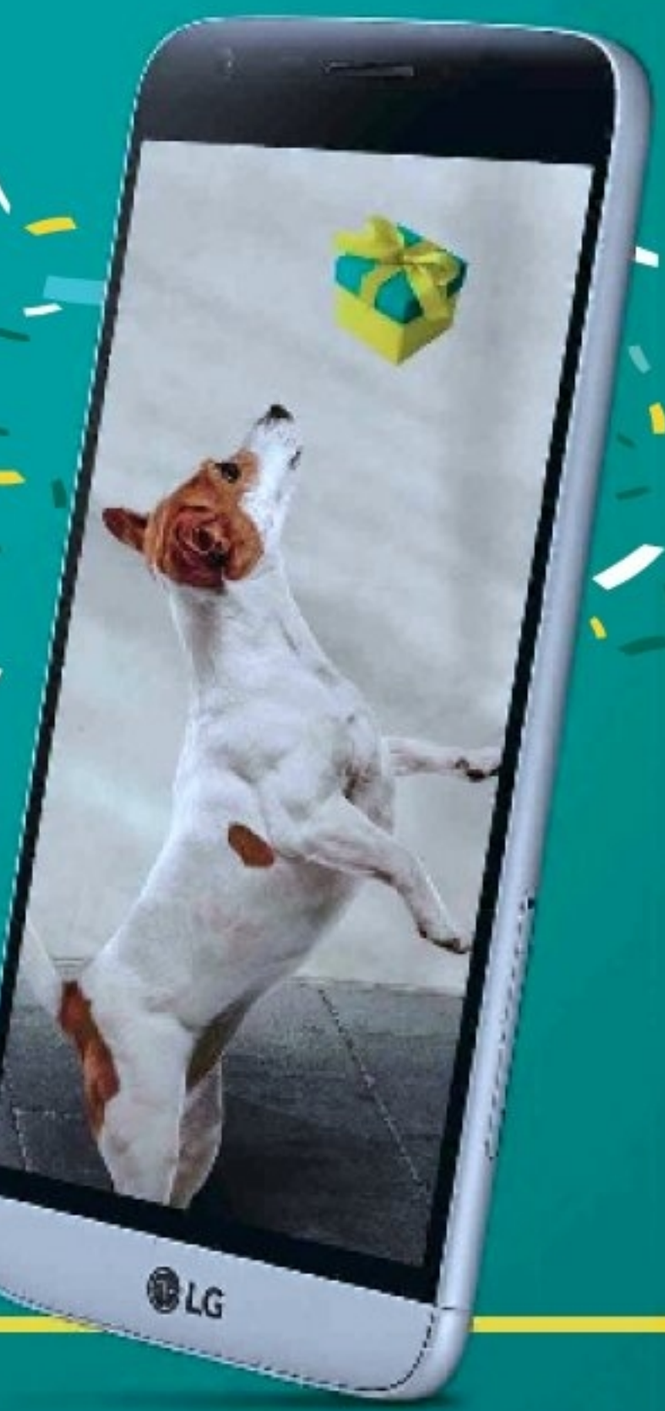

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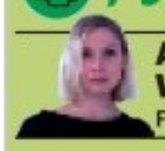
VANCOUVERING

FOOD NOTES

New Smak location makes it quick



Abby Wiseman
For Metro | Vancouver

At lunch, I'm usually contemplating a taco or burger. With great willpower I invest in a salad, but by the end of the day I'm fatigued, grumpy and still craving that burger.

Enter Smak, which focuses on a fast and healthy lunch that is actually filling. In September they launched their second location at 545 Granville St.

Smak nourishes the masses by serving local ingredients like Rossdown chicken and pork from Gelderman Farms. I ordered a green chicken curry ($11.50) and grabbed a quinoa pot ($6.45) and a mango lassi ($6.45) from the "grab n' go" fridge.

The potato, veg and chicken coconut curry served over wild rice was warm, comforting and satiating — not overly salty or oily. And the lime leaf really shone through.

The quinoa pot's lemon herb dressing is slightly overpowered by the earthiness of the quinoa, but keeps the grains moist.

I judge a lunch on whether I empty the contents of my cupboards when I get home or if I have the fuel to actually cook. The day I ate at Smak, I took my time making dinner.

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VANCOUVER TRENDING

Amy Logan
For Metro | Vancouver

Cars, tools, seeds, clothing and work space may not seem to have much in common, but all are part of a growing phenomenon: the sharing economy or collaborative consumption. Vancouverites' desire for community, concern for the environment, and high cost of living make this city an ideal testing ground for new ways to share.

Interested in the potential of sharing organizations, Chris Diplock, one of the founders of the Vancouver Tool Library began a research project to evaluate and understand sharing activities and attitudes in Vancouver.

Through surveys, interviews and focus groups, the Sharing Project report revealed that 78 per cent of Vancouverites were interested in lending at least one type of physical object or space. Sharing also facilitates social connections, an important advantage in a city famed for its hard-won friendships.

The Vancouver Tool Library, a non-profit cooperative that lends tools at minimal cost is just one example of Vancouverites sharing resources and knowledge.

The Vancouver Fruit Tree Project Society offers another kind of sharing. Volunteers harvest extra fruit (almost 60,000 pounds over the past decade or so) from backyard trees, sharing it with community centres, neighbourhood houses, and daycares.

Village Vancouver is part of a global movement working to rebuild resilience and reduce environmental damage through collaboration and community building. Members share knowledge, resources and physical assets.

Food security and sustainability is a key issue according to Ross Moster, a convener with Village Vancouver. One such initiative is their seed saving collectives which have resulted in several Seed Sharing Libraries throughout the city. The libraries offer free access to seeds, promoting seed saving and biodiversity.

The Free Market, held every other Sunday at Grandview Park, celebrates a cash-free lifestyle with the aim of building community, sharing resources and skills, and even food for those who need it.

Hive a shared co-working space in Gastown, aims to make the world a better place by creating a fair and sustainable economy. According to Director of Social Impact Katie Stewart, Hive is a" community hub for social impact." Their Desk Bee Exchange Program offers membership in exchange for front deskwork. A lot of Hive members are looking to build community.

"Creativity and collaboration fuel a lot of what we do."

People often end up with " new jobs and new networks," said Stewart. Hive offers a chance to "connect with experts and change makers."

THINK BIG. LIVE LOCAL.

with icons by **Danielle Vallée** from the noun project

For some, poverty is the diagnosis

CITY STORIES

Jen St. Denis
Metro | Vancouver

Dr. Ashley Miller, an children and adolescent psychiatrist who practises at B.C. Children's Hospital. JENNIFER GAUTHIER/METRO

As the number of working poor families in British Columbia increases, some doctors say screening for poverty and then helping patients access tax benefits or social services can go a long way to improving the health of vulnerable people.

"If you're not eating enough, if you're not sleeping enough, no psychotherapy and medication is going to treat your disorder," said Dr. Ashley Miller, a child and adolescent psychiatrist at B.C. Children's Hospital and an assistant professor at UBC's faculty of medicine. "Those things need to be taken care of first."

Miller believes helping to fill out an application for a child disability benefit or social housing is the most helpful thing she can do for some of her young patients. While doctors commonly ask for information about family health history, she's recommending that physicians also check whether patients are struggling financially.

In an article published in the B.C. Medical Journal this month, Miller and her co-authors ask, "Is poverty the diagnosis?" They write that helping to connect families to government benefits and supports like subsidized childcare can improve outcomes for some children with symptoms of mental illness. It's part of an approach based on research showing that "life" factors such as income level, education, disability and race are much bigger influences on health than access to health care, environment or even genetics.

Miller, who mostly works with children who live in Vancouver, says she's seeing an increasing number of two-parent families where the parents both work full-time, yet are still having great difficulty making ends meet.

In the BCMJ article, Miller outlines a fictional case study that is based on an amalgam of real experiences. A school counsellor refers a six-year-old boy to a doctor because the boy is showing symptoms of attention deficit hyperactivity disorder (ADHD) and anxiety. The doctor screens for poverty by asking the boy's parents a simple question: "Do you ever have difficulty making ends meet at the end of the month?"

"That question has a sensitivity rating of 98 per cent for identifying patients living in poverty," Miller said.

The doctor learns that the two-parent family is struggling with hectic work schedules, has started visiting the food bank recently, and that the six-year-old boy sleeps on the living room couch because his 14-year-old brother wants his own room. Because the parents can't afford after-school care, the family depends on the 14-year-old brother to pick up the six-year-old from school, who then watches TV and plays video games while the parents are at work.

In the example scenario, the doctor determines that the boy does not have anxiety or ADHD: his symptoms are a result of the stresses the family is under. The parents are encouraged to file tax returns in order to be eligible for income supplements and subsidized housing, and are able to get subsidized transit passes and subsidized after-school care for their son.

In the case study, the family continues to struggle, but the boy's behaviour and ability to concentrate in school improves.

Miller gave other examples of how doctors who screen for poverty can better help their patients.

"If you really take poverty into account, if you can get a cheaper alternative medication, then they can take it as opposed to not being treated," she said. "If you fill out an application for a family for social housing and you explain why it's needed and they get proper housing, a child gets their own room and can sleep better. That can make a huge difference."

> **If you're not eating enough ... no psychotherapy and medication is going to treat your disorder**
> Dr. Ashley Miller, psychiatrist, B.C. Children's Hospital

PRESS NOTICE

INVITATION FOR EXPRESSION OF INTEREST FOR SHORT-LISTING FOR ARCHITECTS/ARCHITECTURAL FIRMS

Consulate General of India, Vancouver (201-325 Howe Street, Vancouver, BC, V6C1Z7.), Canada, invites Expression of Interest (EOI) from Architects/Architectural firms, henceforth referred to as Applicants, for short-listing in respect of the project involving demolition of existing structures including asbestos removal according to local laws and design for construction of Residence and ancillary structures. The following indicative activities will need to be undertaken by the selected Applicant:

Overall planning and design of the project which shall include Architectural, Landscaping, Interiors and other associated services, preparation of master-plan of the entire site, drawings and documents for all stages of the project including obtaining approvals from local statutory authorities, preparation of tender documents based on template provided by the Consulate General, tender processing and periodic supervision of design implementation during construction phase of the project.

1. The built up area of the project is expected to be 675 sqm.
2. Detailed information is available on the official website of www. cgivancouver.org. and on site https//eprocure.gov.in/epublish/app, type Vancouver in the tender search box and click on demolition and reconstruction of India House, Vancouver and download the Press Notice.
3. EOI with all enclosures, including its scanned PDF copy needs to be submitted at the Consulate General of India, Vancouver on or before November 09, 2016. Late submissions will be summarily rejected.
4. Applicants with at least 10 years professional experience, registered with the appropriate statutory authorities and permitted to practice as an Architect/ Architectural firm in Vancouver, are requested to submit documents for evaluation of their eligibility. Eligible Applicants will be further evaluated through a two step process and will be ranked for short-listing up to a maximum of 8 Applicants. Details of eligibility criteria and selection process are given below.
5. As the next step of the process, short-listed Applicants will be given the Design Brief of the project for submission of their respective Concept Design and Financial Proposal for selection of the Project Architect.

KINDER MORGAN

Premier urged to reject pipeline expansion

British Columbia Premier Christy Clark is being challenged to reject Kinder Morgan's Trans Mountain pipeline expansion proposal because it can never meet one of her five conditions to support oil pipeline development.

More than 30 environmental, social and aboriginal groups from across Canada have sent a letter to Clark reminding her that one of B.C.'s conditions for pipeline support includes assurances of a world-leading oil-spill response.

The groups say a study from the National Academy of Science concludes that oil containing diluted bitumen acts differently than other types of crude when spilled.

The study warns that diluted bitumen sinks in water and there is no known way to clean up heavy oils that settle to the bottom of oceans, lakes or rivers.

The groups, which include Greenpeace and the Council of Canadians, say Clark must stick to her conditions and reject Kinder Morgan's proposal, even though it is widely expected to receive federal approval by year's end.

In July 2012, Clark set five conditions before oil could be piped across southern B.C. to west coast ports: completion of environmental reviews, world-leading practices for oil spill prevention, cutting-edge land and water cleanup programs, solutions to First Nations issues and a fair share of any profits.

Clark said in a statement Thursday that the government's position on the five conditions has been clear and consistent and remains unchanged.

Kinder Morgan's $6.8-billion Trans Mountain pipeline expansion would almost triple the amount of diluted Alberta bitumen being pumped to an export terminal in Burnaby, B.C., and would result in a seven-fold increase in tanker traffic in waters off southern B.C.

THE CANADIAN PRESS

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TRANSLINK

Ophthalight Digital Solutions co-founder Ehsan Daneshi (right) wears an eye testing device developed by the Vancouver firm he co-founded with ophthalmologist Dr. Amir Vejdani (left). JENNIFER GAUTHIER/METRO

Goggles will detect high drivers

TECHNOLOGY

Vancouver firm designs new tool for law enforcement

David P. Ball
Metro | Vancouver

Turns out there's an easier way to catch motorists driving high than offering them munchies.

A Vancouver start-up has invented what it claims is the world's first device that can tell accurately if you're either drunk or on drugs — based on an eye test inside a headset.

"We made this device to make the current sobriety test better," said Ehsan Daneshi, co-founder of Ophthalight Digital Solutions Inc., at a press conference Thursday. "We cannot determine what drugs the driver has used; only a blood test can find that.

"But in less than two minutes, it gives them an answer to see if they need to do a blood test or not."

Daneshi, an SFU computational neuroscience doctoral student, co-founded the company with Dr. Amir Vejdani, an ophthalmologist, since the entrepreneurs originally intended it be used for optometry.

Vejdani "came to us with a need he was facing for several years in his practice," Daneshi said. "Eye exams being done manually are quite subjective and inaccurate. So we made an engineering solution."

Soon, the pair started thinking about other uses for their invention that uses moving "patterns of light" inside what looks like a virtual reality headset. However, he wouldn't provide further description, citing intellectual property.

At $4,500 a set, plus software subscription fees, the device would likely be beyond the reach of anyone except eye clinics or researchers. But the company expects that if the idea takes off beyond its current "early stage of development," they can bring the costs down to what a police department could afford.

With current police breathalysers only able to detect alcohol, and police eye-response tests "subjective" and not recorded — therefore often disputed in court — the device could prove useful if the federal government legalizes marijuana as promised next year. It also detects abnormal eye movements from cocaine and LSD, Daneshi said.

The start-up got a boost from SFU's Graduate Certificate in Science and Technology Commercialization.

> **In less than two minutes, it gives them an answer to see if they need to do a blood test or not.**
> Ehsan Daneshi, Ophthalight Digital Solutions

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POPULATION

Immigration a necessity, new report says

Ottawa will need to raise its annual immigration level by one-third to 407,000 by 2030 to sustain its economic growth amid an aging population, says a new report on Canada's demographic trends.

Currently, Canadians 65 and over account for 16 per cent of the total population, but the ratio is expected to rise to 24 per cent in the next two decades, according to the report by the Conference Board of Canada, released Thursday.

With a birth rate hovering around 1.55 children per woman and a longer life expectancy, researchers examined five scenarios of population targets between now and the year 2100, and their impact on labour force growth and government expenditures for health care and old age security benefits.

> **Higher immigration can increase the growth of Canada's labour force.**
> Conference Board of Canada

"The aging of Canada's population will have a significant impact on Canada's potential economic growth. Weaker labour force growth will have a negative impact on household spending, while a more slowly expanding economy will engender less investment spending," warns the 54-page report. "Weaker economic growth over the long term will limit the amount of revenue that governments in Canada collect over the forecast period at a time when the aging of Canada's population will require significantly more expenditures … higher immigration can increase the growth of Canada's labour force over the long term and generate higher economic growth."

TORSTAR NEWS SERVICE

RCMP commissioner **Bob Paulson**, left, answers a question in Ottawa on Thursday as plaintiffs **Janet Merlo**, centre, and **Linda Davidson** look on. ADRIAN WYLD/THE CANADIAN PRESS

Mounties offer apology

SAFETY

Female officers' harassment lawsuits settled

RCMP Commissioner Bob Paulson has delivered an abject apology to hundreds of current and former female officers and employees who were subjected to bullying, discrimination and harassment dating back as long as four decades.

Paulson made the apology Thursday as he announced the settlement of two class-action lawsuits stemming from harassment that has cast a dark pall over the storied police force.

"To all the women, I stand humbly before you today and solemnly offer our sincere apology," an emotional Paulson said.

"You came to the RCMP wanting to personally contribute to your community and we failed you. We hurt you. For that, I am truly sorry."

Paulson said the settlement would provide financial compensation for the women and lead to resolution of potential class-action lawsuits brought forward by former RCMP members Janet Merlo and Linda Gillis Davidson.

The federal government has earmarked $100 million for payouts, but there is no cap on the overall compensation that could be awarded. The settlement is expected to cover hundreds of women who served in the national police force starting from Sept. 16, 1974. It also includes creation of a scholarship in honour of the RCMP's first female regular members as well as establishment of national and divisional advisory committees on gender, sexual orientation, harassment, equity and inclusivity.

THE CANADIAN PRESS

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Sexual Assault on Campus: A Metro Special Focus Day 5: The way ahead

The solution right before us

Schools need to start treating sexual-assault survivors less as victims and more as experts

Rosemary Westwood
Metro | Toronto

Five days is nowhere near long enough to talk about campus sexual assault.

In our week-long series, Metro has attempted to frame this ongoing crisis in a new way, to articulate how campus sexual assault is a national issue — even international — and to point out the gaping holes in our national response.

But there were many aspects we did not get to cover. We did not investigate how racism and sexual violence intersect. We did not talk about how gender identity and sexual orientation impact violence, opting for a mostly heteronormative stance as a way into the problems.

We did not report on harassment and sexual violence experienced by professors and employees, a group often left out of the discussion; nor did we investigate the role of men and boys in finding solutions.

If colleges, universities and our communities at large are ever going to be made safe, all of these must be taken into account. Which means no simple solutions but plenty of opportunity for improvement.

For Farrah Khan, one overriding question is how to tackle campus assaults as part of the larger culture of sexual violence.

"We need a continual commitment from every level of government that sexual violence isn't tolerated in Canada," said Khan, the co-chair of the Ontario Provincial Roundtable on Violence Against Women and the inaugural co-ordinator of sexual-violence education and support at Toronto's Ryerson University.

Khan is particularly concerned with creating more accountable responses, across sectors and workplaces and communities. It's lacking almost everywhere you look: in the military, in the RCMP, in medicine and, of course, in post-secondary schools, which often lack any one person tasked with accountability and oversight, leading to a dangerous dilution of responsibly.

But Khan worries schools will respond to mounting public pressure and provincial legislation by moving to a criminal model for adjudicating complaints, despite its abysmal track record, both in encouraging women to come forward to police and testify in trials and in meting out punishment against assaulters.

Meanwhile, it's clear universities and colleges need to start treating survivors less as victims and more as experts. They know the schools' shortcomings better than anyone.

Join The Fight

Tell your story and pressure your MP using **#safercampusnow** and follow the series online at **metronews.ca**.

> "It's ridiculous that nobody's stepping up, so that's what we're doing."
>
> Paniz Khosroshahy, women's-studies major at McGill University and sexual-assault survivor

An encouraging step in this direction was Lucia Lorenzi's inclusion on UBC's Sexual Assault Panel. An alumna and sexual-assault survivor, Lorenzi has become a vocal activist.

"It doesn't send a good message when universities continue to have antagonistic relations with survivors instead of welcoming the critique and work they're doing," she said.

Indeed, when Metro asked five different schools if they specifically sought the input of survivors in their new sexual-assault polices, none had.

Lorenzi wants to see basic, across-the-board standards for sexual-assault policies at all post-secondary schools in Canada, elements that can be adapted to fit each campus — large or small, with or without residences, urban or rural. And, like Khan, she wants accountability.

Recurring asks from advocates

1. **Universal standards**
2. **Mandatory data collection**
3. **Independent oversight**
4. **Greater collaboration**

"I think it can be a two-step thing," she said — an arm's-length, provincial oversight committee, which reviews campus policies and responses, and a federal level to "make sure policies aren't just approved by people serving the interests of the university."

Lorenzi also criticized the draft policies released by many campuses in B.C. and Ontario this year, noting that no significant outside input from experts, students or survivors was sought.

Janet, a woman who spoke to Metro on condition of anonymity, wants to see administrators dismissed for not acting on complaints. She's an employee at an Ontario post-secondary institution, and four years ago, she said, she was sexually assaulted and harassed by two men, one of whom was and remains a colleague. Her school administration's response? Six weeks of inaction, and then this: "We're concerned you're too upset to work," she was told. "I got the threat," she said. "It was swept under the rug."

"Any incident needs to be reported to an independent third party," she said. "That gives accountability."

Janet was among many people who reached out to Metro this week, keen to talk, keen to help find solutions.

So it's not a question of public appetite for change, or action among grassroots groups. It's a question of leadership. Who is going to take a stand at a national level? Who is going to co-ordinate the vast amount of experience and expertise and input out there? Who is going to hold universities, colleges and other institutions to account?

Right now, the answer is no one.

About the series

Mon. | The power of five
The most organized Canada-wide effort to combat campus sexual assault comes from an unlikely crew of five young women.

Tues. | A federal vacuum
The problem is national, but solutions have been regional and parochial.

Wed. | The U.S. example
The U.S.'s laws and White House directives combine to create more rigorous requirements for schools.

Thurs. | Dearth of data
We don't know how big the problem is because no one is incentivized to find out.

Fri. | The way ahead
We have a problem; we need a plan.

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'This storm's a monster'

WEATHER

Millions flee their homes as hurricane gains traction

Hurricane Matthew pelted Florida with heavy rains as the deadly storm steamed ever closer to the coast with potentially catastrophic winds of 130 m.p.h. Thursday. Two million people across the Southeast were warned to flee inland.

It was the most powerful storm to threaten the U.S. Atlantic coast in more than a decade, and had already left more than 280 dead in its wake across the Caribbean.

"This storm's a monster," Gov. Rick Scott warned as it started lashing the state with periodic heavy rains and squalls around nightfall. He added: "I'm going to pray for everybody's safety."

As it moved north in the evening, Matthew stayed about 100 miles or more off South Florida, sparing the 4.4 million people in the Miami and Fort Lauderdale areas from its most punishing effects.

By Thursday night, more than 60,000 homes and businesses were without power. Streets in Vero Beach were partially covered with water, and hotel guests in Orlando were told to stay inside, though a few sneaked out to smoke or watch the rain.

The bands of rain from Hurricane Matthew pass over Orlando on Thursday. JOE BURBANK/ORLANDO SENTINEL/THE ASSOCIATED PRESS

Millions of people in Florida, Georgia and South Carolina were told to evacuate their homes, and interstate highways were turned into one-way routes to speed the exodus. Florida alone accounted for about 1.5 million of those told to clear out.

> **"I'm going to pray for everybody's safety."**
> Florida Gov. Rick Scott

"The storm has already killed people. We should expect the same impact in Florida," the governor warned.

As people hurried to higher ground, authorities in South Carolina said a motorist died on Wednesday after being shot by deputies in a gun battle that erupted when he sped away from a checkpoint along an evacuation route.

The co-ordinator for Haiti's Interior Ministry in the area hit hardest by Hurricane Matthew said the confirmed death toll in that southwestern zone was 283. THE ASSOCIATED PRESS

IN BRIEF

UN has a new leader

Antonio Guterres

Portugal's former prime minister Antonio Guterres, who was formally nominated Thursday to be the next UN secretary-general, said he faces "huge challenges" and hopes to see unity and consensus during his term.

Security Council President Vitaly Churkin, Russia's UN ambassador, said members approved a resolution by acclamation recommending Guterres for a five-year term.

THE ASSOCIATED PRESS

U.K. POLITICS

Member hospitalized after fight within UKIP

Feuding in Britain's fractious, right-wing U.K. Independence Party erupted into violence Thursday that left a member of the European Parliament hospitalized with a head injury after an "altercation" with a colleague.

Steven Woolfe — the front-runner to be UKIP's next leader — suffered seizures and lost consciousness after clashing with another lawmaker Thursday morning during a meeting of party lawmakers at the legislative building in Strasbourg, France.

UKIP leader Nigel Farage said Woolfe was initially in a serious condition and "things were pretty bad." But he said Thursday afternoon that Woolfe was "in a much better place than he was a few hours ago."

Farage said he was launching an inquiry into the violence, which he said "shouldn't have happened." He declined to identify the other party member involved in what he termed "an altercation." THE ASSOCIATED PRESS

A man resembling Steven Woolfe appears unconscious. AFP/GETTY IMAGES

Dream home stays a dream

REAL ESTATE

New lending rules impact first-time buyers

Canada's first-time home buyers may have to shelve their dream house fantasies due to lending changes announced this week by the federal government, mortgage brokers say.

Ottawa moved this week to tighten mortgage lending rules that will limit the amount many Canadians can borrow to help ensure that when interest rates rise, they'll still be able to make their payments.

Mortgage broker Frank Napolitano says that means the size of mortgage many buyers will be able to qualify for will be less once the rules take effect on Oct. 17.

"First-time homebuyers will probably have to probably scale down the type of home that they may have planned to buy," said Napolitano, managing partner at Mortgage Brokers Ottawa.

First-time homebuyers will have to scale down the type of home that plan to buy under new lending rules announced this week, mortgage brokers say. THE CANADIAN PRESS

Under the new rules, a stress test that had only applied to borrowers who opted for variable rate mortgages or fixed rate mortgages with terms less than five years will now be used for all home buyers with less than a 20 per cent down payment.

That means borrowers must be able to qualify for their mortgage using a higher interest rate than they will actually be paying on their mortgage.

The advertised special offer rates for a five-year fixed rate mortgage at Canada's big banks are around 2.5 per cent. However, the Bank of Canada-posted rate used in the stress test is 4.64 per cent based on the posted rate at the big banks.

"You're not paying more, but you're going to be able to buy less house," Napolitano said.

Napolitano used an example of a Canadian earning $70,000 a year with enough saved for a five per cent down payment, and carrying $500 a month in non-mortgage monthly debt payments such as a car loan.

Based on a five-year fixed-rate mortgage of 2.44 per cent, he estimated they could qualify for a loan that would allow them to buy a house worth about $370,000 under the old rules. However, under the new stress test using 4.64 per cent, Napolitano estimated that same home buyer could only afford to buy a home worth about $280,000.

Jason Scott, a broker with the Mortgage Group in Edmonton, says many of his clients would not have qualified for their mortgages under the more stringent rules.

THE CANADIAN PRESS

BY THE NUMBERS

$370,000

The amount a Canadian earning $70,000 could qualify for a loan based on 2.44 per cent interest.

$280,000

The amount a Canadian earning $70,000 could afford using 4.64 per cent under the new stress test.

ENTERPRISE

Blotendo can blow minds

Ameya Charnalia
For Metro | Edmonton

Brady Grumpelt's latest business idea came to him while blowing the dust out of a videogame cartridge. No, this isn't 1987 and Grumpelt isn't a child.

The 30-year-old, who runs a bartending school in Edmonton, is almost a quarter of the way to reaching his goal of $4,000 on the fundraising website Kickstarter. The aim: To begin producing the Harmonicartridge. The item is a cross between those old Nintendo game cartridges (which always needed a dust blow to work) and a harmonica.

Along with the idea of making the video-gamed themed instrument came the decision to create a parent company, called Blotendo, which Grumpelt started with collaborator Ryan Senger.

The duo caused a stir online last year by creating 'Dicks by Mail' that allows you to anonymously send someone a bag of phallic-shaped gummy candy.

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metro SCIENCE
Your essential daily news

A study of animal videos on YouTube (really), researchers found that the bigger a creature's brain is, the longer they tend to yawn.

DECODED by Genna Buck and Andrés Plana

THE PHYSICS OF BEER-CAN CHUCKING

The Toronto beer-can tosser is notorious by now, but there's disagreement about just how serious this crime could have been if a person's body was in the beer can's path. What affects a projectile's path, and the speed with which it hits the ground? Here are the basics — and yes, assuming the can was full, **it landed fast enough to hurt somebody.**

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FINDINGS
Your week in science

KEVIN GILL/FLICKR

SEA SATURN'S MOON
Dione, one of Saturn's seven moons, has an icy ocean world under its crust, according to data from NASA's Cassini spacecraft. Scientists think it's been there almost since the moon was formed, increasing the odds there's microscopic life under there.

SOUND SMART

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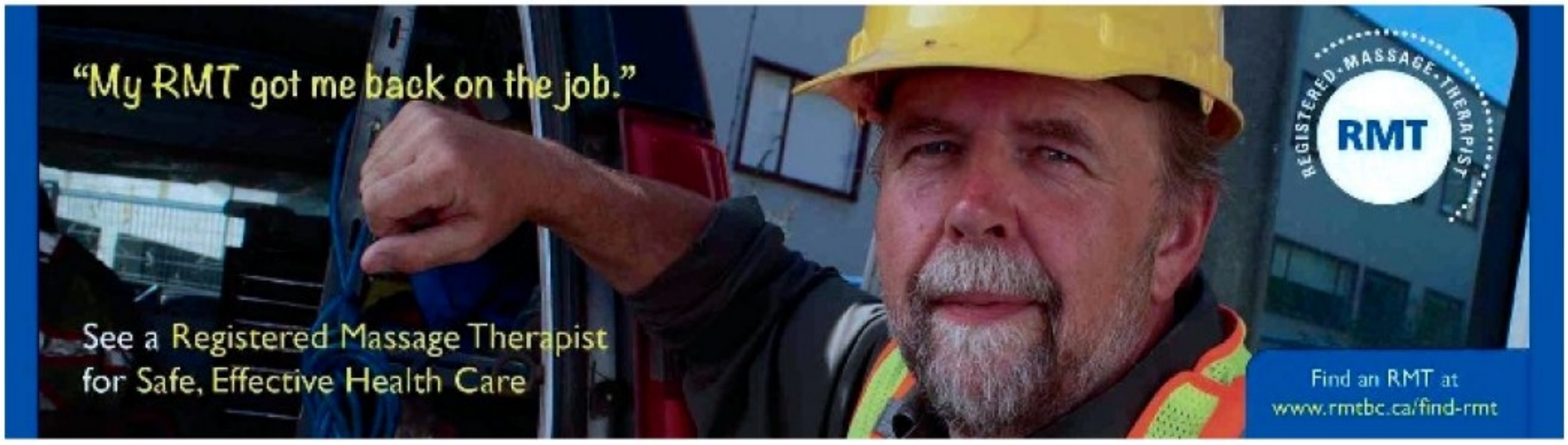

metro WEEKEND
Your essential daily news
MOVIES MUSIC TELEVISION DIGITAL

Emily Blunt says playing an alcoholic divorcée in the recently-released The Girl on the Train was "the most challenging thing I've ever done." CONTRIBUTED

Bring on the Blunt-force drama

IN FOCUS

The Girl on the Train actress consistently steals the show

Richard Crouse
For Metro Canada

The first time most of us noticed Emily Blunt she was "on-the-edge of sickness thin." To play Emily Chalton, the prickly first assistant to the editor in The Devil Wears Prada, Blunt dropped pounds from her already slight frame.

"It wasn't like doughnuts were snatched out of my hand," laughs the 5' 7½" actress, but she was encouraged to slim down. So much so she would occasionally cry from hunger during the shoot. Luckily, though rake thin, she still had the energy to steal the movie from her more seasoned co-stars, Meryl Streep and Stanley Tucci.

Although the character fell directly into the love-to-hate-her category, audiences found Blunt irresistible. Her mix of vulnerability and fork-tongued charm earned the title Best Female Scene-Stealer from Entertainment Weekly and nominations for everything from a Teen Choice Award to a Golden Globe.

This weekend she plays a much different character in the much-anticipated thriller The Girl on the Train. Based on the Paula Hawkins bestseller — 11 million copies sold and counting — it's a dark cinematic journey into a missing person's case. The 33-year-old actress says playing an alcoholic divorcée who witnesses a crime from a train window, "the most challenging thing I've ever done."

Early reviews are strong. Variety raved she "excels as the broken-down heroine." Those kind of kudos are an echo of her much-admired, though lesser seen work, in the U.K.

We've also seen her as an oversexed young women opposite Tom Hanks in Charlie Wilson's War, warbling Stephen Sondheim's rich Into the Woods score, riding a polar bear in The Huntsman: Winter's War and dressed as Princess Diana in the quirky rom-com Five-Year Engagement.

She's done action in both Sicario and Edge of Tomorrow (later renamed Live. Die. Repeat. for home release). Big budget blockbusters don't usually make room for female characters unless they are sidekicks or girlfriends. In Edge of Tomorrow, Blunt avoids being objectified and is as strong, if not stronger than co-star Tom Cruise.

In Sicario she's part of an elite task force stemming the flow of drugs between Mexico and the U.S. A multi-farious mix of vulnerability, stone cold confidence and outrage, she delivered the most interesting female action star since Mad Max: Fury Road's Imperator Furiosa.

Next up her diverse career is the lead in Mary Poppins Returns. She says she's nervous because the flying nanny is "such an important character in people's childhood," but has been given the thumbs up by the original Mary, Julie Andrews. "It was lovely to get her stamp of approval. That took the edge off it, for sure."

MOVIE RATINGS by Richard Crouse

The Girl on the Train ★★
Denial ★★★★
The Birth of a Nation ★★★
Two Lovers and a Bear ★★★★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
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An uncomfortable yet urgent watch

HISTORY

Film honours the memory of a 19th-century slave rebellion

Peter Howell
Torstar News Service

Can we forget the past even while being summoned to remember it?

That's the conundrum of The Birth of a Nation, Nate Parker's provocative drama of America's bloodiest slave rebellion, which the actor and filmmaker directed, co-wrote and stars in, and which sold for a record $17.5 million (U.S.) following its ecstatic Sundance premiere.

Parker wants the world to recall a man and a story ill-served by history books: Nat Turner, an American-born slave turned Baptist preacher, who led an 1831 Virginia uprising that left 60 slave owners and 200 slaves dead through violent confrontation and retribution. It's a message and memory the film capably and viscerally honours.

Yet the first-time filmmaker doesn't want any rekindling of the collective conscience regarding his own disturbing past. In 1999, Parker and his Penn State University roommate Jean Celestin (later his screenplay co-writer) were charged with raping an intoxicated and unconscious fellow student.

Parker was acquitted at trial and Celestin was convicted (it was overturned on appeal), but the complainant, who was then 18 years old, always felt she'd been denied justice. She committed suicide at age 30 in 2012.

The rape allegation has stuck to Parker and The Birth of a Nation since the 1999 story broke wide in late August. Parker hasn't helped his situation or that of his movie by steadfastly refusing to apologize for his actions, which he puts down to youthful indiscretion and false accusation.

He and Celestin have also made rape a central part of The Birth of a Nation, as Parker's Turner is galvanized to lead the anti-slavery rebellion after his wife (Aja Naomi King) is sexually assaulted by slave owners led by a vile redneck (Jackie Earle Haley). Another rape — both happen off-camera — involves a character played by Gabrielle Union.

The Birth of a Nation is a film for alert minds, even those that can't — and shouldn't — forget the past and present behaviour of its maker.

Nate Parker, centre, as Nat Turner, who is transformed from a docile slave into a righteous rebel and free man in The Birth of a Nation. His film honours the memory of a 19th-century slave rebellion even as his own past raises troubling questions. JAHI CHIKWENDIU/HANDOUT

Parker commands the frame as Turner, taught as a child to read the Bible by a kindly matriarch (Penelope Ann Miller), who put humanity slightly ahead of human ownership.

Young Nate grew up almost as a member of her family, befriending the woman's son Samuel (played by Armie Hammer as an adult) while still being obliged to work as an indentured field hand.

Nate discovers he has oratorical skills to complement his literacy and Bible knowledge. Samuel starts hiring him out as an itinerant preacher to neighbouring slave owners, who hope his hellfire-and-damnation speeches will quell rumbles of rebellion. The opposite occurs, once Nate is fully apprised of the horrors visited upon his fellow slaves.

> **I am 36 years old right now. My faith is very important to me, so looking back through that lens, it's not the lens I had when I was 19 years old.** Filmmaker Nate Parker

The film bears obvious comparisons to 12 Years a Slave. But The Birth of a Nation is an even rougher and more intense experience than its Oscar-winning predecessor. One scene depicts the force-feeding of a slave on a hunger strike, who first has his teeth knocked out by a hammer.

Another grim scene has the camera moving backwards through a forest of dead slaves hanged as punishment for challenging their white masters. Nina Simone's haunting version of "Strange Fruit" plays on the soundtrack.

After three viewings, the most significant thing about The Birth of a Nation is its depiction of Nat Turner's transformation from a docile slave into a righteous rebel and free man. His conscience was moved by what he learned and he took action to right a wrong. The same might not be said about Parker, but his film is worth seeing regardless.

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Bad publicity for Holocaust deniers

LEGAL BIOPIC

Rachel Weisz plays British historian in Denial

Richard Crouse
For Metro Canada

"It's fun being you," says actor Rachel Weisz to Deborah E. Lipstadt, both pictured on the set of Denial. Weisz filmed the outspoken historian on her iPhone to capture her personal history, mannerisms and attitude. CONTRIBUTED

"I can't understand why people don't always say what they are thinking," says Emory University professor Deborah E. Lipstadt. "I'm missing a certain filter. I say what I think."

Lipstadt, a specialist in modern Jewish history, emerged into public life from academia as the subject of a 1996 lawsuit brought against her by self-taught British historian and Holocaust denier David Irving. Irving, upset she singled him out in a book as a less-than-reputable historian, launched a libel lawsuit claiming Lipstadt and her publisher were part of a worldwide conspiracy to rob him of his livelihood.

Donations from benefactors like Steven Spielberg paid for the gruelling eight-week, £3,000,000 trial which boiled down to one main question: Is Irving a liar and a falsifier of history or simply a historian who sees things from Hitler's point of view? The stakes were high; if Irving won, his account of history would be given credence.

The sensational court case is chronicled in Denial, a new film starring Rachel Weisz as the outspoken academic.

"In the story of this trial and this case, a lot of very good people said to me, 'Don't do it,'" Lipstadt says. "A lot of people didn't want me to do it because they thought I'd be giving him publicity. How do you fight bad people without building them up and giving them a billion dollars of free publicity?"

But the publicity helped expose Irving and other deniers, says Weisz.

"I think the more people who know that the better. Most people don't know who David Irving is. He has his core group of followers and they're going to be very happy about this publicity. Or not. I don't know how they're going to feel about this, but it is more important that people should know about it. And nobody does. It doesn't really bother me that he's getting publicity. It's not good publicity."

"I think Rachel is right," says Lipstadt. "It's a balance. I knew fighting him would give him publicity but it would serve a purpose."

The British actress says capturing Lipstadt's essence — from the heavy Queens accent to her personal boldness —was "a beautiful, delicious challenge."

"Deborah came and hung out with me in New York," says Weisz, "sat in my kitchen for two days straight. I filmed her on my iPhone so I would be able to look back at it. Deborah told me stories about her childhood, her parents and about the trial. It was just being able to be near her and soak up her spirit and attitude and find the places were we intersect as people. There are some (people) when you find that you think, 'I could be this person if my life had gone differently.' It became imaginable to me then that I could be Deborah had my life gone that way."

Lipstadt describes watching Weisz's performance as "an out-of-body experience," adding that her friend, legal eagle Alan Dershowitz wrote her a note, saying, "She catches your accent but even more she captured your attitude."

"It's fun being you," says Weisz. "I enjoyed it. You get to say what you think. I like it, it's very healthy. Get it out."

Bear witness to this icy, tainted love tale

FILM

Kim Nguyen's latest is surreal and covers several genres

Richard Crouse
For Metro Canada

The story of two star-crossed lovers on the run from bad memories is at the heart of Two Lovers and a Bear, a new Arctic-set film from Rebelle director Kim Nguyen.

Counselling the couple is a talking polar bear, a philosophical addition to a movie that is part romance, part thriller and all icy cold isolation.

Montreal native Nguyen says the script for the film evolved over time, but many of the elements, including the talking bear came to him on a stopover at the Amsterdam airport.

"I was reading Kafka on the Shore by Haruki Murakami," he says. "There are weird gods in the book, kind of like imperfect Greek gods with flaws. It dawned on me that I should have something like an imperfect, flawed deity in the film."

At the same time he noticed the airport's giant brass teddy bears and voilà, the idea of an advice-giving polar bear was born.

The bear, played by a real polar bear named Agee and voiced by acting legend Gordon Pinsent, is the most fanciful part of a film that sees Lucy and Roman, played by recent Emmy winner Tatiana Maslany and Dane DeHaan, embark on a physical and metaphysical journey to confront their troubled, violent pasts.

"I've seen a lot of people like that," Nguyen says of the people he met in Nunavut, "(people) who just can't connect with an organized, dense, compact society. They have to go up North and that's why you meet very interesting, unique characters up there. Often it is the people who don't cope with societal norms."

Nguyen's unpredictable story intensifies with every twist, finding depth as the volatile Lucy and Roman explore the vast white expanse of their home and their innermost fears.

The lead actors have some heavy lifting to do to navigate the film's many shifts from comedy, to psychological drama and isolationist horror.

To survive the inhospitable cold of their home both must be strong willed characters but both also wear their fragility on their parka sleeves. As such, Maslany and DeHaan are perfectly cast.

"We met a lot of people," says Nguyen. "At the beginning it wasn't defined exactly who Lucy was going to be; where she would come from. We wanted to keep it open with the casting. Tatiana came a little later on. We didn't even think about her. Coming off of Orphan Black the casting director said, 'Why don't we try her? She's versatile. She has range.' She was gracious enough to do a screen test. She blew us away. She was totally way up there in the truthfulness and the authenticity. She is really someone who is able to connect. Kind of like Dane.

"I discovered Dane when I saw Place Beyond the Pines. When I saw that, I was certain that Dane wasn't a trained actor. He was so authentic I assumed he was this guy who had this one role in him. Then I learned he was a trained actor and was really impressed by his performance."

The six-week Nunavut shoot was gruelling for all, requiring physical stamina and a trait Nguyen calls "one of the biggest, most important qualities"— fearlessness.

"Dane and Tatiana have that," says the director. "They dive in and they are not analyzing their performance as they're playing it."

Kim Nguyen, right, director of Two Lovers and a Bear, and a still of the polar bear Agee (voiced by Gordon Pinsent) from the film. CONTRIBUTED

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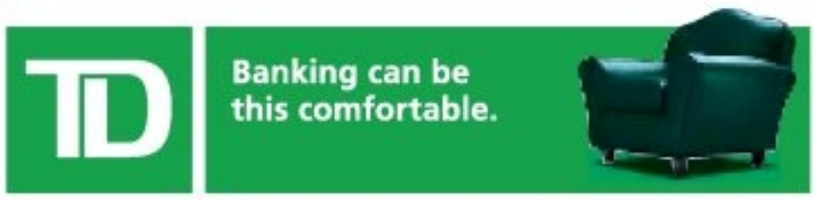

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Rob Ford saga inspired new CBC show

CREATOR INTERVIEW

Shoot the Messenger a series of sex, drugs and politics

A co-creator of the new CBC-TV crime drama Shoot the Messenger insists it's not a story about Rob Ford.

But Sudz Sutherland does admit he was inspired by the saga of the late former Toronto mayor as he helped craft the series, which stars Elyse Levesque as a newspaper reporter caught up in a web of gangs, murder, sex, drugs and politics in Toronto.

"It's not the Rob Ford story but ... we were all inspired by that and I thought that unmasked a lot of what was going on behind the scenes of the city," said Sutherland, who created the show with his wife Jennifer Holness.

"We thought, 'Hmm, that's really interesting,' so we wanted to actually explore these relationships between people who are super rich and political people with political power and people who are business leaders but have these skeletons in their closet."

Debuting Monday, the serialized show follows Levesque's character Daisy as she witnesses and then investigates the murder of a young Somali man.

Lyriq Bent plays the lead homicide detective, who is also Daisy's secret lover.

"A huge influence for me was Claire Danes of Homeland. That was a big inspiration for finding this person," said Levesque, who hails from Regina.

"But other than that I didn't base it on any actual living human being."

Co-stars include Alex Kingston as Daisy's editor, Lucas Bryant as her co-worker, Hannah Anderson as her sister, and Ari Cohen as the attorney general.

Guest stars include Barenaked Ladies lead singer Ed Robertson and former NBA stars Jamaal Magloire and Rick Fox.

"We've got the attorney general and we've got a group of young Somali men, so we took the barest piece of the Rob Ford stuff and that inspired us," said Sutherland.

"Then we also took a young reporter — nothing to do with the Rob Ford story — but we took somebody who actually witnessed a crime. So that was something that was really interesting to us, the fact that Daisy witnessed a crime and what would that be like if a reporter kind of becomes the story?"

Sutherland, who is also a director on the show, said he and Holness wanted Shoot the Messenger to have the same characteristics of a Netflix or HBO series.

"We wanted to bring that to the CBC, that highly serialized, really great, fun, guilty-pleasure-type show, things like Scandal."

He and Holness spoke with Toronto cops and reporters "to actually get into the underpinnings of what's going on in the city," he said.

"We really learned so much about how people really get down in the world, because there's a facade of how we think people behave, but really how people behave behind closed doors is really, really interesting. So that's the story we wanted to tell."

THE CANADIAN PRESS

Actors Lyriq Bent and Elyse Levesque, right, star in Shoot The Messenger. Levesque plays a newspaper reporter caught in a web of gangs, murder and politics in Toronto. CONTRIBUTED

It's not the Rob Ford story but... we were all inspired by that and I thought that unmasked a lot of what was going on behind the scenes of the city.
Series co-creator Sudz Sutherland

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8	7	1	3	4	5	2	6	9
5	6	3	9	8	2	1	4	7
6	2	9	4	3	1	7	8	5
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Rick Mercer, Allan Hawco among familiar faces in St. John's tourism video

By land, sea and air

The Marina at Campbell River. Every year from late July to the end of October, visitors come out to see hundreds of thousands of salmon swim upstream to lay their eggs. ISTOCK

VANCOUVER ISLAND

No matter how you see it, salmon season awe-inspiring

Loren Christie
For Metro Canada

From late July through to the end of October the rivers on the eastern side of Vancouver Island are teeming with hundreds of thousands of Pacific salmon.

On a recent excursion to the community of Campbell River I hooked up with Destiny River Adventures for an up-close and personal look at this natural phenomenon.

After having us don a wetsuit and snorkel gear, our guide immediately warded off any potential of sober second thoughts by making us jump off a small cliff into the town's chilly namesake river.

Then it was time to literally plunge face first into the water and let the current do the work. Although, the rapids might be considered relatively calm for rafters, as a snorkeller it was exhilarating to fly down the river, undulating over the rocks and having giant salmon darting around you as they battled upstream to lay their eggs.

> **It was exhilarating to fly down the river, undulating over the rocks and having giant salmon darting around you as they battled upstream to lay their eggs.**

In addition to attracting snorkellers and sports fisherman, the annual salmon run provides a buffet for the local bear population. Discovery Marine Safaris offers a full-day Grizzly Bear Tour, which takes eager bear watchers by boat up Bute Inlet to Orford Bay, a small community on British Columbia's mainland and home to the Homalco First Nations people. Within the first two minutes of the land portion of the tour, our guide Janet was stopping on the edge of a river where we silently poured off the bus and watched two bears play on a log and tuck into a salmon lunch. By the end of the day we had seen five grizzlies, two Roosevelt Elk and numerous eagles.

After having seen the area by land and sea, we spent our last day exploring by air. In a six-seater 1954 DeHavilland DHC-6 Beaver floatplane to be exact.

Corilair's historic mail flight brings tourists along as they deliver the post to four small communities on the neighbouring Discovery Islands. It was an incredible way to get a bird's eye peek at life in the area, from the magnificent homes to chatting with the locals in communities like Refuge Cove, population six, with its weather worn wharves and verdant green forest.

After a stop in Surge Narrows, home of one of four floating post offices in Canada, we touched down in Big Bay where we grabbed a bottle of BC Pinot Noir from the supply store and toasted our day on the deck.

If the bears were enjoying the bounty of this province, why shouldn't we?

TRAVEL NOTES VOLCANIC VIDEO, FRENCH ART IN QUEBEC CITY AND PRINCE'S STUDIO OPENS TO PUBLIC

Lava splashes up Hawaii volcano walls in rare video

As the high-definition camera pans across the surface of an active Hawaii volcano's viscous summit lava lake, a large bubble of volcanic gas grows and bursts, dramatically spewing molten rock into the air and sending a massive ripple of lava outward across the crater. Federal officials released high-definition video of the lava lake atop Hawaii's Kilauea volcano on Tuesday, providing a rare close-up glimpse. THE ASSOCIATED PRESS

Still image from Kilauea volcano. USGS VIA THE ASSOCIATED PRESS

Quebec City stages Pierre Bonnard exhibit

The Pierre Lassonde Pavilion, the showpiece addition to the Musee national des beaux-arts du Quebec, is bringing together works by French artist Pierre Bonnard for its first temporary international exhibition. The $103.4-million glass pavilion opened in June on the city's Grande Allee thoroughfare, doubling the museum's exhibition space. Radiant Colour, on view through Jan. 15, presents some 40 paintings by the Post-Impressionist artist.

THE CANADIAN PRESS

Details from Paysage du Midi et deux enfants. HANDOUT

Visitors see Prince's studio, mementos

Prince's handwritten notes still sit out in the control room of Studio A at Paisley Park, where he recorded some of his greatest hits and was working on a jazz album before he died. The room is filled with his keyboards and guitars, and his iconic symbol graces the control panel. Those are some of the highlights visitors to Paisley Park saw when the 65,000-square-foot studio complex opened to the public on Thursday.

THE ASSOCIATED PRESS

Prince's Paisley Park studio.
THE ASSOCIATED PRESS

Scenic sips: Where to enjoy wine with a view

Tasting wine is fun and possibly educational. But tasting wine while gazing on a backdrop of vine-covered hills rippling toward a blue horizon? That's a fairly unbeatable pairing. Here are some California wineries with views that will have you pulling your nose out of that glass — the better to drink in the scenery.

THE ASSOCIATED PRESS

Castello di Amorosa

As the Napa Valley's only 13th-century Tuscan castle (yes, it's a replica, but a very faithful one), the Castello offers sweeping views from the ramparts. But there are some indoor sights to take in as well, such as the armoury, grand barrel room and a torture chamber (...though not currently in use). Reservations recommended for guided tours.

Silverado Vineyards

There's something about drinking wine on a terrace, so the valley's generally good weather makes the experience more enjoyable. The terrace at Silverado Vineyards features 180-degree views of the renowned Stags' Leap Wine district. The winery was founded by Lillian Disney, widow of Walt. By-appointment only.

Artesa

With its picturesque hilltop setting in the Carneros wine-growing region at the southern end of the Napa Valley, Artesa was one of the original wineries in the area, founded by the Spanish wine-making family Codorniu Raventos. Barcelona architect Domingo Triay designed the winery to blend into the highest hill of Artesa's 350-acre estate. A protective covering of natural grasses conceals the winery rooftop, accented by fountains and contemporary sculpture. On a clear day, you can see not forever but as far as the San Francisco Bay.

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Cuvaison Estate

If rolling hills are what you're looking for, Cuvaison's got them. This winery in the Carneros region was completed in 2009 and features a wood-and-steel structure embedded into a hilltop with wraparound terraces. Native grass landscaping complements other sustainable practices including rainwater collection and solar energy. Reservations required.

Domaine Carneros

If you've ever wanted to make like Cinderella, this is the winery to pick. Domaine Carneros features graceful flights of stone steps leading up to a terrace overlooking vine-covered hills where you can enjoy table service and order small plates to accompany your tasting. Wines may be tasted in flights or by the glass. Reservations required.

Sterling Vineyards

There's a reason Sterling Vineyards tends to make a lot of "best of" lists. The view from this hilltop winery on the northern end of the Napa Valley is remarkable. The vineyard is set 91 metres above the town of Calistoga. An aerial tram takes you up to the winery, set in a white stucco building modeled after the architectural style of the Greek island of Mykonos.

Auberge du Soleil

Not a winery, but a resort, Auberge du Soleil has two dining options, both with breathtaking views. If you're feeling flush, you can eat at the Michelin-starred restaurant with its terrace overlooking a green and verdant valley. Or, you can stop by the more casual bistro which has a wraparound deck, more than 40 wines by the glass and is a great spot for sunset watching.

La vie en rouge et orange

ESSAYS

One writer's love-affair with Paris in autumn

Vivian Song
For Torstar News Service

I've always held a special affinity for Paris in the fall. While Parisians mourn the last days of summer and return begrudgingly to the city after their month-long holidays, I wait patiently for that first fall morning, when the weather turns, definitively announcing the season's arrival.

More than five years ago, I boarded a plane in Toronto and landed in Paris, and I fell under an enchantment which, I believe in hindsight, was produced by the bewitching effects of autumn, when the city takes on a dream-like quality that happens at no other time of the year.

It wasn't supposed to last this long. My original intent was to spend a year in France and return to Toronto recharged after living "la vie en rose." But in the days and weeks after arriving in mid-September, the autumnal skies, the rain-soaked cobblestone streets, and the way the gold-leaf trees cast a soft glow along the Seine seduced me, and I knew I had to stay.

In the same way couples reminisce with fondness about their days as young, broke newlyweds who shared their first meals sitting on the floor, on my five-year anniversary I found myself nostalgic for those early days when I was a starry-eyed tourist, euphorically happy with the simple pleasures of her new Parisian life.

My first introduction to my new neighbourhood upon stepping out of the cab was an olfactory one: layered under the heavy coolness of the crisp, autumn air was the maddening perfume of melting butter wafting from the crêperies lining my street — a smell I still associate with fall

When I arrived in Paris, I was jobless and poor. Money was tight and my only little luxuries were the edible kind. On a good week, I would head to the market and pick up a roast chicken leg, roasted potatoes, and a basket of figs.

A steaming cup of hot-chocolate is one of the great pleasures of Paris in the fall.

Just as boxes of clementines signal the start of winter in Canada, every year I look forward to the start of fall for fig season, an elegant fruit that's expensive and uncommon back home, but affordable and accessible in France.

I always bookmark the second weekend of October for one of my favourite Parisian festivals, the Fete des Vendanges, a food and wine-fuelled event in Montmartre where I tasted my first escargot thanks to a kindly stranger who insisted I sample one from his own plate.

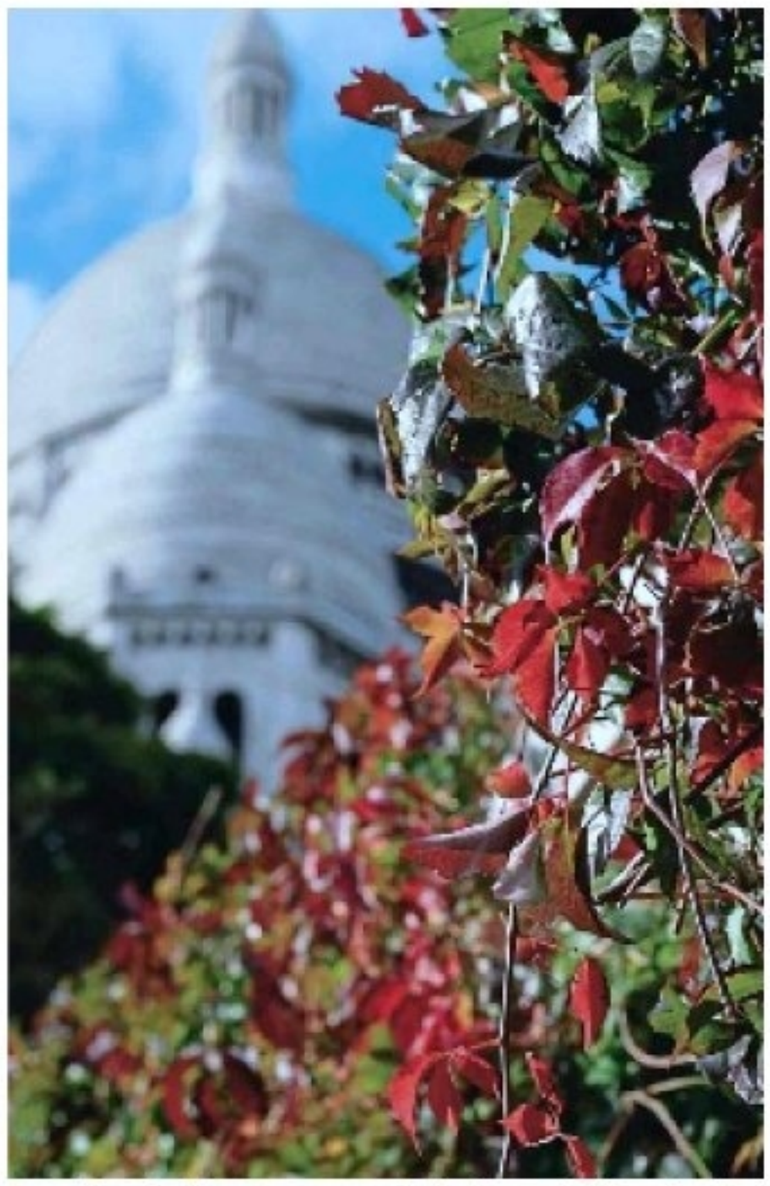
I reserve every free Sunday for strolling the Jardin du Luxembourg or the Jardin du Palais Royale and seek out the leafiest paths for the satisfaction of hearing and feeling the crunch of dead leaves beneath my feet.

Invariably, I catch myself marvelling at the distinctively Parisian way the leaves have browned at the edges or faded yellow, turning the city into the colour palate of the '70s.

In the summer, Paris becomes an artificial version of itself: the locals can't leave town fast enough, leaving stampedes of tourists to take over the city. I have yet to be reconciled with the cold, damp sunless Parisian winters. And while Parisian springs can be heart-stoppingly beautiful, I dread its arrival for the prosaic reality that it sends my allergies into overdrive.

Come fall, however, the gardens are more spacious as the tourist crowds have thinned. The locals have also returned. It's a homecoming I welcome; the absence of Parisians over the summer casts an artificial, unauthentic calm over the city.

Their return, and the sepia light of fall, draw out the real Paris: the brooding, beautiful, moody, poetic, melancholic and soul-stirring version.



For a shot of colour, Montmartre is the best neighbourhood for leaf peeping. ALL PHOTOS VIVIAN SONG/FOR TORSTAR NEWS SERVICE

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History, churches and stunning beaches

MALTA

Tiny nation of island's Europe's best-kept secret

History, heat and fantastic beaches best describe a vacation in Malta, a sun-soaked archipelago in the Mediterranean Sea that's a popular destination for many Europeans.

Malta actually consists of three inhabited islands — Malta, Comino and Gozo — which are situated south of Italy and north of the African country Libya in the Mediterranean Sea.

The country's location has historically given it great strategic importance as a naval base, and a succession of powers, including the Turks, Knights of St. John, French and British, have ruled. The southern European island nation is now part of the European Union.

Military forts, inland and on the coasts, dot the islands and offer a fascinating insight into the country's history. The walled city of Mdina and St. Elmo's Fort in Valletta, where the island was defended against invaders, are worth a visit.

Churches are must-see attractions. The Mosta Dome, also known as the Church of the Assumption of Our Lady in Mosta, has a spectacular high-domed ceiling that was bombed in the Second World War but miraculously remained intact.

GETTING THERE

There are no direct flights from Canada to Malta; you have to fly to a city in Europe and then get a connecting flight.

The St. John's Co-Cathedral in Valletta, the country's capital, is home to the Knights (Grand Masters) of Malta. It contains many important works of art sanctioned by the Knights, including the painting The Beheading of St. John the Baptist by the Italian painter Caravaggio.

With summer temperatures consistently in the '30s with no rain, beaches are popular destinations for tourists and locals alike.

The stunning Blue Lagoon on Comino is a must-do when you are on the island. Boat tours make regular runs to Comino, but if you go you'll want to make a day trip out of it. Likewise the Azure Window on Gozo, a natural limestone arch, offers fantastic swimming on the rock beach below it.

One beach off the beaten track is St. Peter's Pool near Marsaxlokk on Malta.

It's a natural pool in a sheltered cove where jumping off four-metre cliffs into crystal-clear waters is easier than negotiating the rough, one-lane road to get to the attraction.

Marsaxlokk's daily fish market offers many delicacies caught the same day by local fishermen in their "luzzus," small, brightly painted fishing boats.

The narrow, hilly streets of Valletta have many shops and cafes popular with tourists, with regular bus and ferry service feeding the country's capital.

From the boardwalks of Sliema, which are lined with restaurants and cafes, it's an easy stroll to the beach for a quick dip in the sea.

Getting around the islands can be a challenge, although there is a reliable bus and ferry system.

It is best to rent a couple of cars and drivers with experience at using the left-hand drive system and the abundant roundabouts where choosing the correct turn can often a challenge.

THE ASSOCIATED PRESS

Blue hole at Azure Window in Gozo Malta offers fantastic swimming. ISTOCK

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metro SPORTS

LeBron James, who grew up a New York Yankees fan, is getting behind the Cleveland Indians, sending the team positive messages on social media

Blue Jays put up a 10

MLB PLAYOFFS

Toronto throttles Texas on both sides of the ball

It was a beatdown but this time the bad blood stayed under the surface.

Toronto rocked Cole Hamels for five runs in the third inning and a near flawless Marco Estrada delivered 8-1/3 stellar innings as the Blue Jays thumped the Texas Rangers 10-1 Thursday to win Game 1 of their American League Division Series.

Jose Bautista, Public Enemy No. 1 in Texas, slammed a three-run homer in the ninth inning off reliever Jake Diekman to rub salt in the wound. No bat-flip this time. He put his weapon down gently after the blast to left field, where the fan who caught the ball whipped it back into play.

The Jays slugger was happy to keep the focus on baseball rather than rehash Toronto's recent Hatfield-and-McCoy-like feuding with the Rangers.

"I wanted to avoid all the questions about the whole ordeal because we're baseball players, not UFC fighters, and we came here to play ballgames," Bautista said.

It was Bautista's fourth home run in his last eight post-season at-bats. He is tied with Joe Carter for most playoff homers by a Blue Jay with six.

Toronto came close to its first complete game of the season — and the first of Estrada's career. But Elvis Andrus tripled to open the bottom of the ninth and scored on Shin-Soo Choo's groundout. Manager John Gibbons then brought in Ryan Tepera to close the door.

"Two outs away from finishing it. Unfortunately I couldn't," said Estrada, who failed to convince Gibbons to keep him in. "But who cares, we won. That's all that matters."

The Blue Jays' Jose Bautista connects for a three-run home run against the Rangers during Game 1 of their American League Division Series in Arlington, Texas, on Thursday. RONALD MARTINEZ/GETTY IMAGES

ALDS Game 1

TORONTO	TEXAS
10	1

Estrada gave up one run in 8-1/3 innings on four hits with six strikeouts in a 98-pitch performance with 72 strikes. In contrast, Hamels allowed a playoff career-high seven runs in 3-1/3 innings.

Estrada retired 12 straight batters at one point and faced just one batter over the minimum over eight innings.

The Jays sent nine men to the plate in the third, scoring five runs all with two outs. Troy Tulowitzki did the bulk of the damage with a three-run triple.

Melvin Upton Jr. hit a solo homer in a two-run fourth for Toronto. Josh Donaldson, who had two singles, two doubles and a walk on the day, drove in a run in each of the third and fourth. His four hits tied a club post-season mark.

THE CANADIAN PRESS

MLB NOTES

Cleveland tees off on Boston's Cy Young hopeful

Francisco Lindor's homer capped Cleveland's three-homer rampage in the third inning against 22-game winner Rick Porcello, and the Indians held on for a 5-4 home victory over the Boston Red Sox on Thursday night in their AL Division Series opener.

Lindor, Jason Kipnis and Robert Perez went deep in the third off Porcello, who lasted just 4-1/3 innings.

THE ASSOCIATED PRESS

Price still in search of his first post-season win

David Price wants to make his next post-season start unlike all his others.

"I want to go out there and win.... and I know that I'm capable of doing that," he said.

That would be a first.

Boston's left-hander is 0-7 in the post-season going into Friday's start in Game 2 of the AL Division Series against Cleveland.

THE ASSOCIATED PRESS

Baker, Roberts to make history for black managers

The NL Division Series between Dusty Baker's Washington Nationals and Dave Roberts' Los Angeles Dodgers is the first post-season matchup in major-league history involving two black managers.

It's a point of pride and can "show people that not only can we do the job, but we can do the job better than most," Baker said.

THE ASSOCIATED PRESS

NHL CANUCKS HEAT THINGS UP IN PRE-SEASON AGAINST FLAMES
Philip Larsen, right, checks the Flames' Micheal Ferland during the first period of their pre-season game in Vancouver on Thursday night. The Canucks, who won 4-0 on Thursday night, were playing their penultimate game before the regular season starts. They play the Calgary Flames in the season opener on Oct. 15.
DARRYL DYCK/THE CANADIAN PRESS

Buono keen to plug defensive holes

CFL

Lions GM and coach unhappy with recent D-line displays

Wally Buono knows his secondary has been ravaged by injuries.

But that doesn't mean the head coach and general manager of the B.C. Lions thinks giving up nearly 800 yards through the air the past two games, including almost 500 yards last weekend, is anywhere close to acceptable.

"I hope not," Buono scoffed when asked if the unit is playing as well as could be expected with three starters on the shelf. "I couldn't care less if we lost five starters. I hope that's not what they think. If that's the case, you might as well pack up and go home."

The Lions have been humming along on offence in 2016, however the defence is a concern heading into the home stretch of the regular season.

The Lions surrendered 437 yards to Edmonton in a 27-23 road loss to the Eskimos two weeks ago, then Ottawa combined for 543 through the air and on the ground in B.C.'s 40-33 home win over the Redblacks on Saturday.

"We can fix some of the issues, and some of the issues have to fix themselves," said Buono. "The guys have to come play and understand things better. Every time they play, every time they practise, they should get better.

"As a secondary, linebackers, defensive line, we've got to be better." The Lions' woes in the defensive backfield go back to July when they lost starting halfback T.J. Lee to a ruptured Achilles tendon before his replacement, Steven Clarke, who has the talent to be a starter, hurt his knee. Then starting corner Ronnie Yell went down with a broken foot last month, leaving the Lions paper thin on the weak side.

The Lions struggled to contain Trevor Harris and the Ottawa Redblacks last Saturday at B.C. Place. DARRYL DYCK/THE CANADIAN PRESS

The club has veterans Ryan Phillips and Brandon Stewart on the strong side, along with safety Mike Edem in the middle, while Anthony Gaitor and Chandler Fenner, both former NFLers, are pretty much learning on the job. "That (Ottawa) game right there, we took a step back as far as pass defence goes," said Phillips.

> **We can fix some of the issues and some issues have to fix themselves.**
> Wally Buono

The Lions still rank second in the CFL in total yards allowed per game at 352.4, but Stewart, who signed as a free agent from Hamilton this winter, said the recent lapses in the secondary have been hard to stomach.

"There's not a defence you ever draw up where a guy's supposed to be wide open," said Stewart. "Most of the catches should be contested. We've just got to polish up and sharpen our tools, and I think we'll be good.

"It will be that more much satisfying later on in the year knowing we're three DBs down and we're (still) where we want to be."

The next two weeks on the schedule are critical for the Lions (9-4) with back-to-back games with the Blue Bombers (8-6) on deck, starting Saturday in Winnipeg.

A sweep would pave the way for the Lions to host the West Division semifinal - it doesn't look like anyone will be catching the Calgary Stampeders (12-1) atop the standings — while a split or two Winnipeg victories would make life more complicated for B.C.

The Lions are on the cusp of qualifying for the playoffs for a 20th straight season, needing just a single point over their final five games. But at just 2-3 versus the West this season, and will all five remaining games coming against division opponents, they know there's room for improvement, especially on defence.

"When it starts getting cold and things like that, you want your defence to be alive," said linebacker Solomon Elimimian, the CFL's leading tackler with 100. "The defence is going to be the catalyst to get you to the Grey Cup."
THE CANADIAN PRESS

DRUG TESTING

Pole vaulter tests positive for cocaine

Shawn Barber GETTY IMAGES

World champion pole vaulter Shawn Barber says a tryst with a woman he met on Craigslist led to a positive doping test for cocaine.

The 22-year-old from Toronto tested positive for trace amounts of the drug prior to the Rio Olympics, but the 2015 world champion was permitted to compete in Brazil after it was determined he inadvertently ingested the banned substance.

The report was released on Thursday. THE CANADIAN PRESS

IN BRIEF

Canada rout Mauritania
Michael Findlay had a positive start to his term as interim head coach of Canada's national men's soccer team.

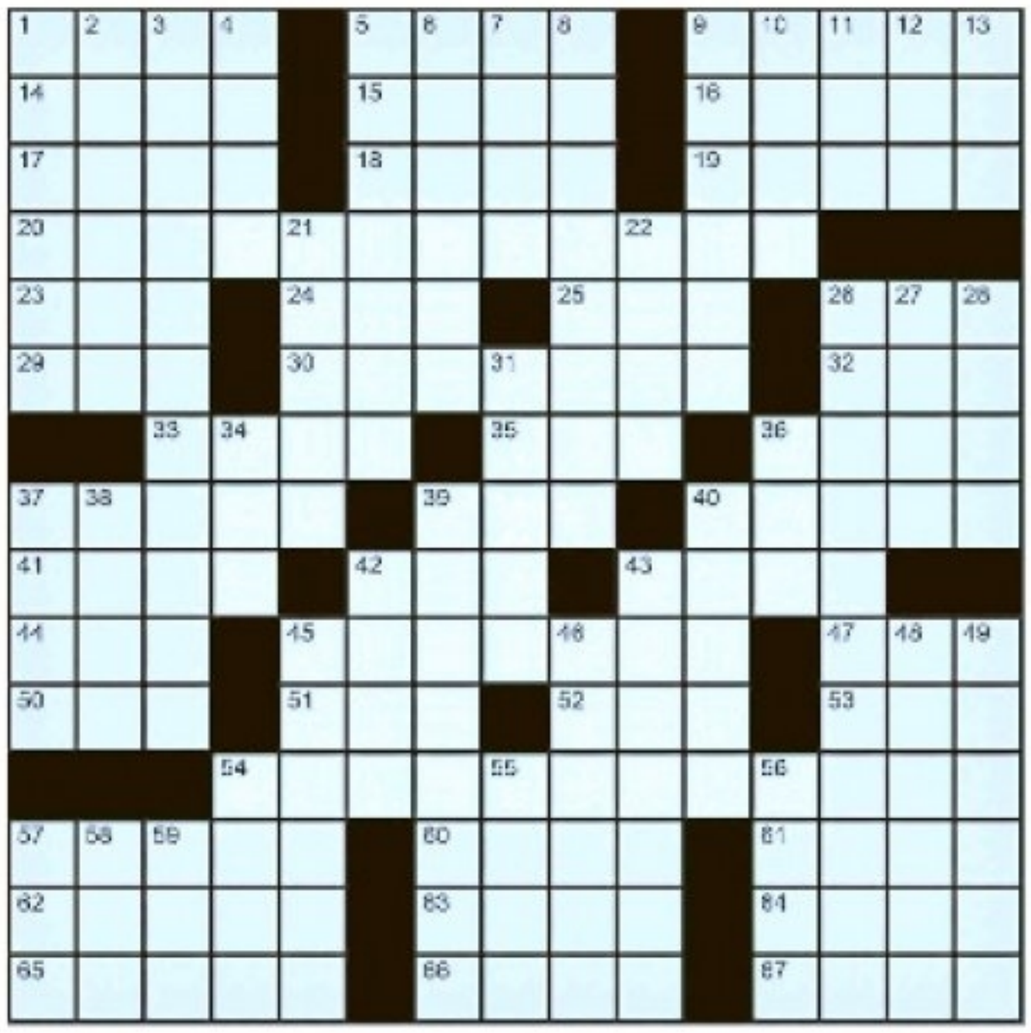
Tosaint Ricketts scored twice as the Canadians blanked Mauritania 4-0 on Thursday in an international friendly. Goalkeeper Simon Thomas posted the clean sheet and also stopped a first-half penalty for Canada. THE CANADIAN PRESS

Stanton double helps Cardinals defeat 49ers
Drew Stanton threw two touchdown passes to Larry Fitzgerald in his first start in two years, David Johnson ran for two scores and the Arizona Cardinals capitalized on San Francisco mistakes to beat the 49ers 33-21 on Thursday.

The Cardinals (2-3) got 17 points off three turnovers by the 49ers (1-4).
THE ASSOCIATED PRESS

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS

1. Island nation near Florida
5. Musician/radio personality John
9. Packs away
14. "Come __!" (Welcome!)
15. "To Live and Die __ _-_" (1985)
16. Leg bone
17. Hybrid citrus
18. Gramp's wife
19. Bakery embellishment
20. British actress who portrays late Nova Scotia folk artist Maud Lewis in "Maudie" (2016): 2 wds.
23. Vine variety
24. Conference room happening, briefly
25. Shakespeare's wee country
26. Impair
29. Catch
30. Distinctly
32. Nero's deuce-ace
33. "If __ be so bold as to..."
35. Grassy field
36. Fiend
37. Fermented soybean pastes
39. Nord's opposite
40. __ acetate (Type of solvent)
41. Honorific in Turkey
42. Entirely
43. Ship's mooring post
44. Jersey's call
45. Totally run-down
47. Winnipeg airport code
50. Dadaist Jean
51. __., Sept., Oct....
52. Bio info
53. Hideaway
54. Northwest __ (String of airstrips through Edmonton, Alberta to Fairbanks, Alaska used during WWII to ferry thousands of Lend-Lease planes from the United States to the Soviet Union)
57. Voyageur's transport
60. Peruvian empire
61. Gladiator's 1901
62. Whac-_-__ (Arcade game)
63. Goblet part
64. Some old theatres
65. Haida mythology character
66. Stockings
67. Web connectors, briefly

DOWN

1. Melissa McCarthy, to Jenny McCarthy
2. __ Bay (Body of water between Baffin Island in Nunavut and the northern Quebec region of Nunavik)
3. Toronto Island Airport named after this WWI flying ace: 2 wds.
4. Indigo
5. Way to seal a container to prevent leakage
6. Madden
7. Cabbage dish
8. Longed
9. Cheap
10. Partners for Tacs (Mint candies)
11. Sash sort
12. Succeed
13. Droop
21. Famous gyms
22. Internal
26. Hockey flick franchise, with The, on Vancouver-born actor Joshua Jackson's resume: 2 wds.
27. Ethereal
28. Louis of Manitoba's history
31. Gene Vincent's "Be-Bop-_-_"
34. Extinct bird
36. Baseball's Mel
37. Mother, sometimes
38. Mr. Stravinsky
39. Torpid
40. Duck type
42. __ blue
43. Sports... Highly anticipated team event: 2 wds.
45. Lustrous sheets fabric
46. Singer/actor Mr. Bass'
48. Being-cleaned hallway bucket item: 2 wds.
49. Metamorphic rock variety
54. Exclusive
55. Keen on
56. Actor Mr. Katz
57. Automobile
58. US docs' org.
59. It continues

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Remember to get more sleep and more rest at this time, because you need it. Discussions with partners and close friends are important.

Taurus April 21 - May 21
You might be focused on health issues right now. Fortunately, the next 12 months are a good time for you to restore your health or do something to improve it.

Gemini May 22 - June 21
Take time off for fun and pleasure if possible. A vacation in the next week would be perfect for you. Enjoy sports, playful activities with children and romantic getaways.

Cancer June 22 - July 23
This continues to be a strong time for home and family issues. Your interaction with a parent or senior family member might be important. .

Leo July 24 - Aug. 23
Try to be as clear as possible in all your communications with others. This is a strong time for those of you who write, sell, market, teach and act.

Virgo Aug. 24 - Sept. 23
Trust your money-making ideas during the next week. In fact, you also are giving a lot of thought to your values in life. What really matters?

Libra Sept. 24 - Oct. 23
This is a fortunate time for you while the Sun is in your sign, because people and favorable situations are attracted to you. Make the most of this!

Scorpio Oct. 24 - Nov. 22
This week is a good time to buy wardrobe goodies for yourself because you like what you see in the mirror. You also want to socialize more, even though you are working behind the scenes.

Sagittarius Nov. 23 - Dec. 21
Talk to a friend about your future plans because he or she might have helpful suggestions for you. In fact, all your interactions with others will benefit you now.

Capricorn Dec. 22 - Jan. 20
TBecause you look so good in the eyes of bosses, parents and VIPs, don't hesitate to ask for what you want. Make your pitch. This is your hour!

Aquarius Jan. 21 - Feb. 19
Travel will be a rewarding experience for you now, because you want to learn something and expand your experience of life. Take a course or further training, if possible.

Pisces
Feb. 20 - March 20
Your interactions with others, especially with friends and groups, will be active now, perhaps physically. You will do well in competition with physical sports!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

1			2				8	
	2	3		8				6
	5	6	9					
9		2	7					
	7						1	
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	4				6			5

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